

## Energy Bites mix

(for best results, keep mix refrigerated until ready to use)

Makes 8 servings



To dry ingredients, add:

1/3 cup peanut butter

1/3 cup honey

1 teaspoon vanilla

In a medium bowl, stir together all ingredients until well mixed.

Chill for at least 30 minutes.

Roll dough into about 16 one inch balls.

Store in an airtight container in the refrigerator.

Enjoy!

## Dry Mix

In a pint size jar layer

1/3 cup flax meal

2/3 cup raisins or toasted coconut

2/3 cup old fashioned oats

1/3 cup chocolate chips

## Energy Bite Mix Gift Tag

### Instructions

#### STEP 1:

Print tags templates onto colored paper or card stock

#### STEP 2

Cut out tags with decorative shears or scissors;

layer them;

punch a hole through,

thread with twine or raffia

and secure around the lid.



To:

From: